

### What is the Heritage Market Festival?



#### A youth-led cultural heritage project

A 6 week free creative programme for 11-18s in Lancaster & Morecambe, featuring 54 workshops across 14 activities linked to local cultural heritage, culminating in a youth-led community event



#### Delivered in partnership

Escape2Make partnered with Lancaster City Museums to deliver the project as part of their centennary celebrations. 14 sessions took place in local museums and heritage venues.



#### With National Lottery support

This project was made possible by a £75,660 grant from the National Lottery Heritage Fund, thanks to National Lottery Players.



### Participation

202

80%

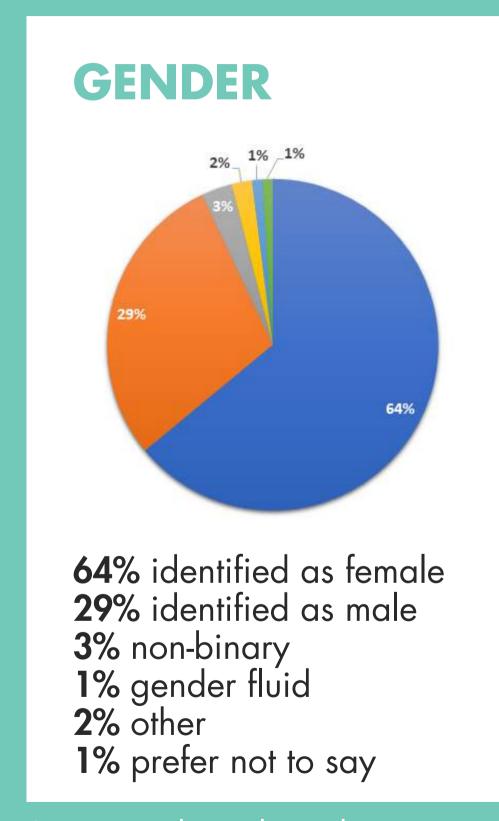
11-18-year-olds signed up for workshops (155 offered a place, 47 on waiting list)

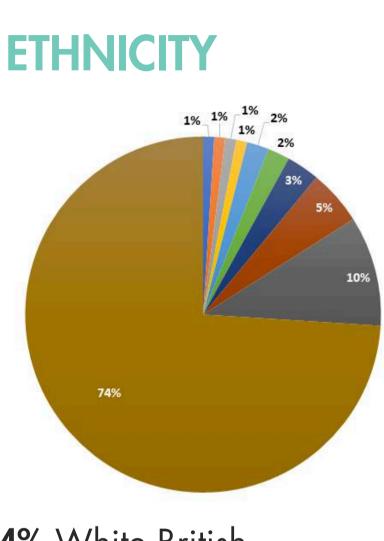
Took part in at least 1 session (87% of attendees of 5-week programmes attended 2+ sessions)

Take-up rate (124 attended of 155 offered a place)

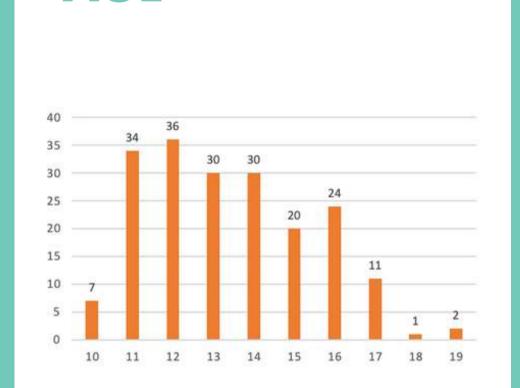


### Who are our participants?









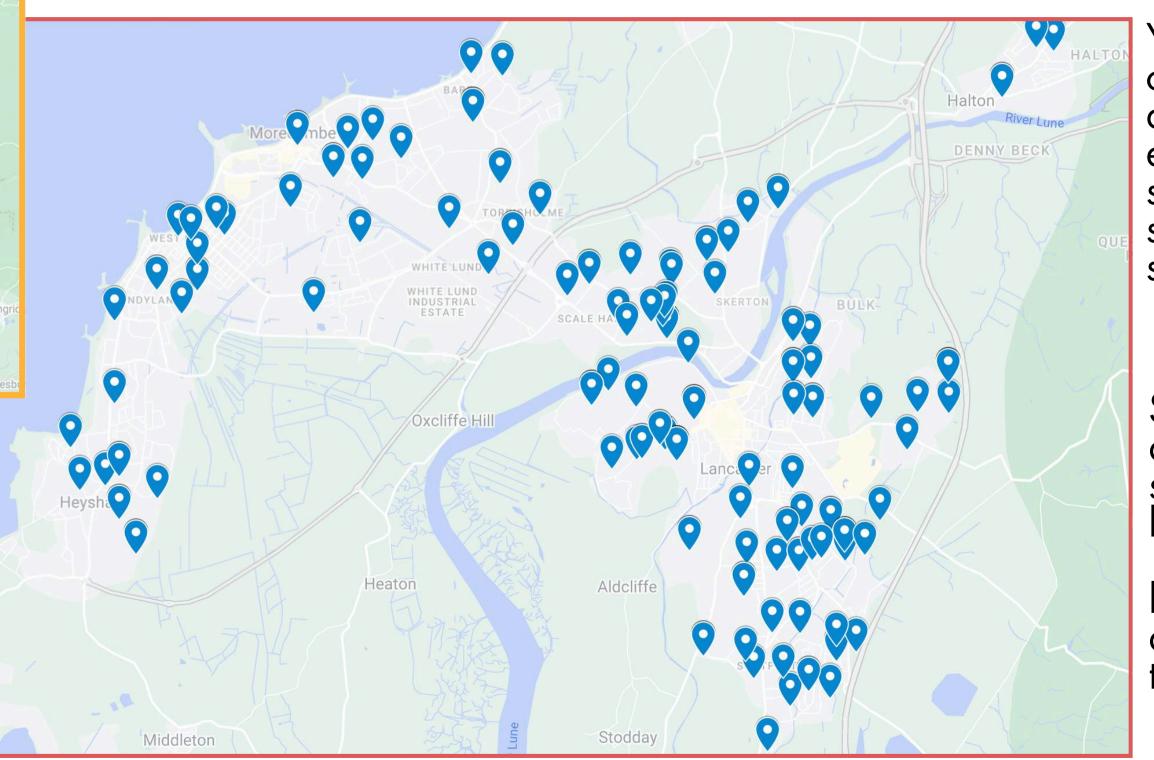
39% aged 10-12 31% aged 13-14 23% aged 15-16 7% aged 17-19

AGE

Note: 10 year-olds in Year 6 & 19 year-olds who are 18 at sign-up can take part

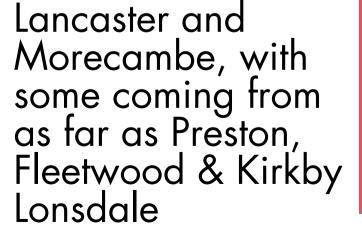


## Where are they from?



Young people came from 23 different educational settings (6% not in school or home schooled)

Spread evenly across socioeconomic backgrounds. 10% of participants live in most deprived wards in the country.



Most participants came from



### What could they do?

1 day workshop

5 week programme



**Ceramics**Kath McDonald

Maritime Tattoos

Mollie Ray

Portrait Painting
Lela Harris

Graphic Design

Adele Armistead



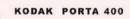
Victorian
Christmas
Creations
Rosie Tacon-Glass

Woodwork & 3D

Printing

Bil Bas

Theatrical
Storytelling
Elspeth Dale







Virtual Reality
Street Scenes
Joseph Doubtfire

Podcast our Past
Beyond Radio

Ghost Stories
Hannah O'Flanagan

Landscape
Photography
Alan Morris

Coffee Roasting
Ian Steele

#### 54 sessions took place across 14 activities









### Focus on Heritage

# Each activity was linked to Lancashire's cultural heritage

With support from Lancaster City Museums, each 5 week programme featured a visit from a heritage expert and a trip to a local museum or heritage site, including Lancaster City, Maritime and Cottage Museums, Judges' Lodgings, Lancaster Castle and Leighton Moss.

94%

of participants said they enjoyed the heritage aspect of the project ("a bit" or more)

Maritime history of tattoos

Collecting local oral histories

Archive photos of Lancaster & Morecambe

Imagining portraits of Black Lancastrians

Weird & wonderful Victorian Christmas

Viking myths and legends

& more!



"It has been thrilling to see what young people have made (literally!) of Lancaster's heritage. In our centenary year it was incredibly special to have been involved with Escape2Make and to see young people use and engage with the museum collections in a different way."

Carolyn Dalton, Museum Development Manager, Lancaster City Museums

"We went to the Maritime Museum...we got to look at all these old Anglo-Saxon pots and things. And there was...like a specialised archaeologist...and she was telling us all about where they came from and how they were found in Lancaster and how they were one of a kind. And we got to unpackage them with gloves on and it felt really cool, it was stuff that had been made by like ancient, like thousands of years ago"

Participant



### Impact

100% 100% 98% 97% 95%

Enjoyed the activity they took part in

Learned something new

Felt good, amazing or great after taking part (2% felt "OK")

Felt they made a positive difference in their community

Made one or more new friends



Responses to the question 'Can you describe your experience in one word?'



# Quotes from Participants

"I love it, **literally this is my favourite thing ever**. I look forward to coming here. It's something to do after school cos I don't do any clubs after school and you just know that you're gonna see people that you don't see at school and they're all really nice"

"It's insane, I never thought you can get two things and **turn it into something so beautiful** and that we can sell it and people might have that in their homes for years, possibly even decades!"



"Having something to do after school is great and on the weekends when I would just be sat at home, it's nice to go out and learn more creativity because you'd never think you'd make like a cute pattern out of an orange bag and a crumpled up piece of newspaper and a piece of clay. It's just crazy cos someone dug it from the ground and you just made something amazing out of it!"

You can get out and you can enjoy the real world and **you don't have to pay anything**. E2M sometimes can even pay for your travel if you need it, it's fabulous what E2M does"

"She's felt **more confident** and has spent time learning with a new group of people instead of sat home being bored and alone."

Parent of a participant



#### Who worked with us?



14 Facilitators - leading 10 5-week and 4 oneday programmes



10 Heritage Experts,
connecting activities to
Lancashire's cultural heritage



2 freelance roles:Marketing Lead (32 days)& Event Producer (20 days)



21 Volunteers, offering 196 hours of support for the workshops and event



14 paid Workshop
Assistants, supporting
young people in sessions



17 event professionals & performers (including 4 local young bands)



#### Facilitator feedback

Of facilitators, workshop assistants and volunteers enjoyed their experience

experience

Said they felt the project had a positive impact on young people taking part

Said they had good communication with E2M throughout the process

throughout the process



Survey responses from 13 facilitators and 8 workshop assistants/volunteers



"Each week has been a frenzy of creative ideas and fun with plenty of strong friendships developed in that time."

Facilitator

"Over the five workshops the group grew from strangers into a group that were happy to see each other."

Workshop Assistant

"The young people laughing together when four weeks prior the first session had been in almost complete silence"

Workshop Assistant





"I love the interaction with young people. I don't get that ordinarily in my life. I'm naturally very creative. The idea of having those skills and being able to encourage and help young people to do those things too"

Volunteer

"A different space with a different power dynamic but you're still learning something from a trusted adult, it's a bit more informal... we're here in our jeans and t-shirts [...] it connects young people into other spaces [...] they might be bored and think, oh I'll come along to there. It builds their world a little bit".

Volunteer



The Heritage Market Festival event took place on Sunday 17th December 2023 in Lancaster's Market Square.

An estimated 2,000 members of the public engaged with the event, either buying something, taking part in an activity or watching the performances



#### Quotes from the event

"A real **celebration** of the project and young people"
Workshop facilitator

"The music performance really pulls in the crowd [...] you can see how successful it is because **there's so many people here** listening to it"

Visitor

"I think the day has gone brilliantly. I think **it's exceeded expectations**, and I was struck by the professionalism of the whole setup; the stalls, the performances, the music. A lot of care and attention being paid to getting everything just right."

Professor Sally Elton-Chalcroft, University of Cumbria





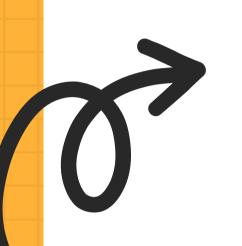
"It is very inspiring to know that this project has worked with local young people to plan and deliver a wonderful event that celebrates the rich heritage of the North West of England. We know that heritage can play a huge role in bringing people together and furthering a sense of pride in local communities; in turn boosting the local economy. **This**project is a perfect example."

Helen Featherstone, Director of England (North), National Lottery Heritage Fund

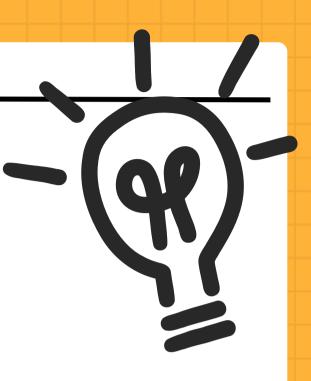
"It has been an extraordinary day, and I'm so impressed by the engagement we've had, not just the parents, not just the young people, but the community itself, who've had the chance to see Escape2Make in action and seen the incredible calibre of the work the young people have done."

Bill Kistler, Chair, Escape2Make





# RECOMMENDATIONS



#### **TIMINGS**

Feedback from participants suggested some drop-off in attendance was due to the dark, cold winter evenings. In future, we will run our Winter Project in February/March.

#### **DIVERSITY**

We want to strengthen our outreach offer to ensure young people from all backgrounds know about and attend our sessions. We particularly want to reach more participants with additional (physical or learning) needs, from schools outside Lancaster and from the refugee/asylum seeker community.

#### **ATTENDANCE**

Offering free activities generally leads to some attendance drop off. But we want to encourage all young people who register to attend as many sessions as possible to avoid wasting spaces. We will build in more reminders, have a better waiting list system and a stronger agreement on sign up in future.



### \* FURTHER READING





**Project Evaluation** 

Read University of Cumbria's full evaluation report <u>here</u>



In the Press

Read about the event online <u>here</u> and <u>here</u>



Find out more

See our <u>website</u> for more details about the project & more



